

# LIV FACT SHEET



## GO NitriMax: For Maximum Performance

### Benefits:

- Supports cardiovascular health
- Enhances blood flow to vital organs
- Decrease recovery time
- Combats the effects of premature cardiovascular aging
- Anti-aging benefits
- Decreases ammonia and lactic acid
- Supports healthy sexual performance
- Helps increase energy production at the cellular level
- May aid in decreasing body fat
- Maintains healthy blood sugar levels already in the normal range
- May boost energy levels

GO NitriMax is a power-packed L-Arginine and L-Citrulline Malate Complex formulated to give you the energy you need for a successful workout. L-Arginine is a vitally important amino acid that has been studied for more than fifty years. L-Arginine is used to make nitric oxide, a compound in the body that relaxes blood vessels. Preliminary scientific studies have found that L-Arginine may help with conditions that improve when blood vessels are relaxed, such as atherosclerosis, erectile dysfunction. Additional studies have shown that L-Arginine may enhance immunity, promote the release of the Human Growth Hormone (HGH), and increase muscle mass.

Citrulline Malate is a compound consisting of Citrulline, a nonessential amino acid. Citrulline Malate has been used with great success by European clinicians who have reported results of increased energy and overall feelings of well-being. Research has also shown that supplementation of Citrulline raises Arginine levels more effectively than taking the same dose of straight Arginine. In other words, in GO NitriMax you are getting the best of both amino acids!

GO NitriMax is great for the athlete and fitness enthusiast who is focused on building muscle mass and increasing endurance. Whatever your fitness goals, GO NitriMax can assist you in building more lean muscle mass, improve recovery, and give you an added boost so you can make it through the toughest workouts. GO NitriMax is a supplement that is good for your heart, good for your muscles, and good to GO!

**Directions for Use:** Mix one scoop of GO Nitrimax into 4-8 ounces of water. Stir to dissolve. If water is very cold, it may take up to 1 minute for product to dissolve completely. GO Nitrimax is most effective when taken 1/2 hour before eating, or 2 hours after eating.

**Ingredients:** L-Arginine, L-Citrulline malate, L-Glutamine, Alpha Lipoic Acid, Isoleucine, Valine, Leucine, Citric Acid, Fructose, Malic Acid, Natural Flavors, Xylitol, Stevia, Beta-carotene (color).