

FIRST HAND LIFE CHANGING BENEFITS

ELLIE M.



I have struggled with weight-related issues most of my adult life, that is until I discovered Liv International. Since starting my Liv wellness journey, I have released nearly 75 pounds of unhealthy weight and counting! I recently completed the new "7 Day SXinney Secret" program, where I not only lost over five additional pounds, but my clothing fits more loosely, which feels great. In fact, I now weigh less than I did in high school! For the first time in my life, I can honestly say that I feel like I am in total control of my weight and my health. The programs are simple and easy to follow. I will be forever grateful for these amazing and powerful products in my life and I will be recommending them to everyone I know!

ODELL G.

After returning from my August 2023 vacation and meeting Bruce, I began taking LIV Supplements. I continued my workout routine, and the weight seemed to effortlessly come off. I initially weighed just under 240 lbs, and now I can proudly state that I have reached 213 lbs on my journey towards my goal of 200 lbs. In the past week, from 1/22/2024 to 1/28/2024, I shed an additional 4 1/2 lbs using a new program created by LIV International, aptly named "The 7 Day SXinney Secret."



PAMELA M.



"When I began the 7 Day SXinney Secret program, I was feeling quite discouraged, having tried numerous products in the past that had not yielded any results. In 2017, I faced a medical issue and was prescribed long-term steroids, which led to rapid weight gain. Unfortunately, shedding the extra pounds became an ongoing struggle. To my astonishment, I managed to lose 7 pounds within just 7 days of following this program. I have also incorporated some exercise into my routine, and I've noticed a boost in my energy levels as my waistline shrinks, and I've even dropped a pant size. I'm deeply grateful to LIV for providing these life-changing products. While my initial motivation for this cleanse was weight loss, I was pleasantly surprised and thankful for the significant improvements it has brought to my overall health. I am committed to continuing my use of these products to further boost my well-being. I wholeheartedly intend to recommend these products to everyone I know. Undoubtedly, the LIV 7 Day SXinney Secret has been an incredible success for me! Thank you LIV!"

www.livinternational.com/products/sxinneysecret



7 DAY SXINNEY SECRET

Welcome to the 7 Day Skinney Secret- Your "quick start" to a healthier you in just 7 days!

You can find more information on all the products along with a complete 7 day menu and shopping list by scanning the QR code. A good reminder, hydration is key to releasing weight. Be sure to drink at least 100 ounces of water a day.

LIV SXINNEY



- hydrate
- lose weight
- reduce your appetite
- burn fat
- build muscle
- increase energy

AMP PLUS



- sustain energy
- elevate mood
- increase focus
- rev up metabolism
- eat less
- burn more

GREEN₂O



- healthy hydration
- electrolytes
- detoxing
- antioxidants
- anti-aging
- detoxification

CRAVE



- feel full, so you eat less
- helps with cholesterol
- reduces your appetite
- stave off cravings
- boosts energy
- promotes good gut health

CLENZT



- eliminates waste & toxins
- jumps start weight loss
- promotes regularity
- detoxification
- supports liver & kidneys
- helps bloating

*These statements have not been evaluated by the Food and Drug Administration.



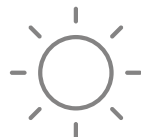
MORNING

LIV SXINNEY

Mix your Liv Skinney with 32-44 ounces of water and drink throughout the morning to stabilize blood sugar, decrease appetite, increase hydration, balance alkalinity and more!

AMP PLUS:

Take two pills in the morning to boost energy and rev up your metabolism for the entire day!



MID-DAY

GREEN₂O

Mix your Green₂O with 32-44 ounces of water and drink throughout the afternoon for nutrient-rich hydration, sustained metabolism, antioxidants, electrolytes and more!

CRAVE

Mix ½ of a stick of Crave with 16 oz. of water and consume with your mid-day meal in order to feel fuller longer, eat less, block carbs and calories and stave off unhealthy cravings!



EVENING

CRAVE

Mix ½ of a stick of Crave with 16 oz. of water and consume with your evening meal in order to feel fuller longer, eat less, block carbs and calories and stave off unhealthy cravings!

CLENZT

Take 2 pills of ClenzT in the evening to activate the gentle but powerful benefits and keep your body cleansing and burning fat even while you sleep!

Part of the secret includes proper supplementation, a healthy diet and consistent exercise.



SCAN HERE FOR
7 DAY MEAL PLAN



CONGRATULATIONS! A BETTER YOU STARTS NOW!

