



# SereZen

YOUR DEEP BREATH IN A BOTTLE

## how to take

Take 3 sprays of SereZen daily as part of your wellness routine, or as needed during times of increased stress. Consistent use may help support long-term balance and emotional well-being.

### SUPPLEMENT FACTS

Serving Size: 3 sprays (5 times per day)

Amount Per Daily Use:

5-HTP (from Griffonia simplicifolia) 50 mg\*

l-Theanine (from Camelia sinensis) 20 mg\*

Proprietary Concentrated Blend 210 mg\*

Ashwagandha (Withania somnifera), Bacopa (Bacopa monniera), Lions Mane (Hericium erinaceus), Milk Thistle (Silybum marianum), Eleuthero Root (Eleutherococcus senticosus), Schisandra fruit (Schisandra chinensis), Rhodiola Root (Rhodiola rosea), purified water, and natural natural wintergreen oil (Gaultheria procumbens)

\*Daily Value not established

Warning: Contact your health care provider if you are pregnant, lactating, or taking any prescription drug before using SereZen.

GUARANTEED PURE - Product of USA



www.livinternational.com



# CALM SUPPORT WHEN YOU NEED IT MOST

Modern life is loud. Your phone won't stop buzzing. Your brain has 47 tabs open. Someone needs something from you every five minutes. And somehow you're supposed to stay calm, focused, patient, productive, hydrated, emotionally balanced, and pleasant.

SereZen was designed to help take the edge off real life—supporting calm, emotional balance, and a more relaxed nervous system without knocking you out or slowing you down.



TAKE THE  
EDGE OFF



QUIET THE  
MENTAL NOISE



LESS "OVER IT"  
ENERGY



CALM WITHOUT  
CRASHING



YOUR NERVOUS  
SYSTEM'S BFF

## CALM SUPPORT FOR REAL LIFE



### **Stress Reliever:**

Helps calm the "I can't deal with one more thing" feeling that modern life loves to hand out daily.



### **Anxiety Stomper:**

Supports a more relaxed, steady mood when your mind won't stop racing and your nervous system feels stuck in overdrive.



### **Fatigue Reducer:**

Helps ease the mental drain that comes from constantly being "on," overwhelmed, or emotionally overloaded.

### **FOR PEOPLE WHO ARE HOLDING IT TOGETHER... BARELY**

Traffic. Deadlines. Kids. Hormones. Notifications. Group chats. The human nervous system was not built for this many tabs open at once.

SereZen combines calming and stress-support ingredients designed to help your body adapt to everyday pressure—so you can feel a little more grounded, clear-headed, and emotionally human again.