

# DO YOU NEED THE ULTIMATE EDGE?

## Causes of hormone imbalance (low Pregnenolone/DHEA)

- Aging
- Menopause
- Stress
- Lack of exercise
- Excessive alcohol consumption
- Birth control pills
- Hypothyroidism
- Obesity
- Smoking

## Benefits of Ultimate Edge\*:

- Increases energy and improves adrenal fatigue
- Supports a healthy sex drive
- Assists in the conversion of fat to lean muscle
- Helps maintain normal blood sugar levels
- Supports a healthy immune system
- Helps lower LDL cholesterol levels
- Supports a healthy cardiovascular system
- Improve your overall health

## THE UNFAIR PERFORMANCE ADVANTAGE

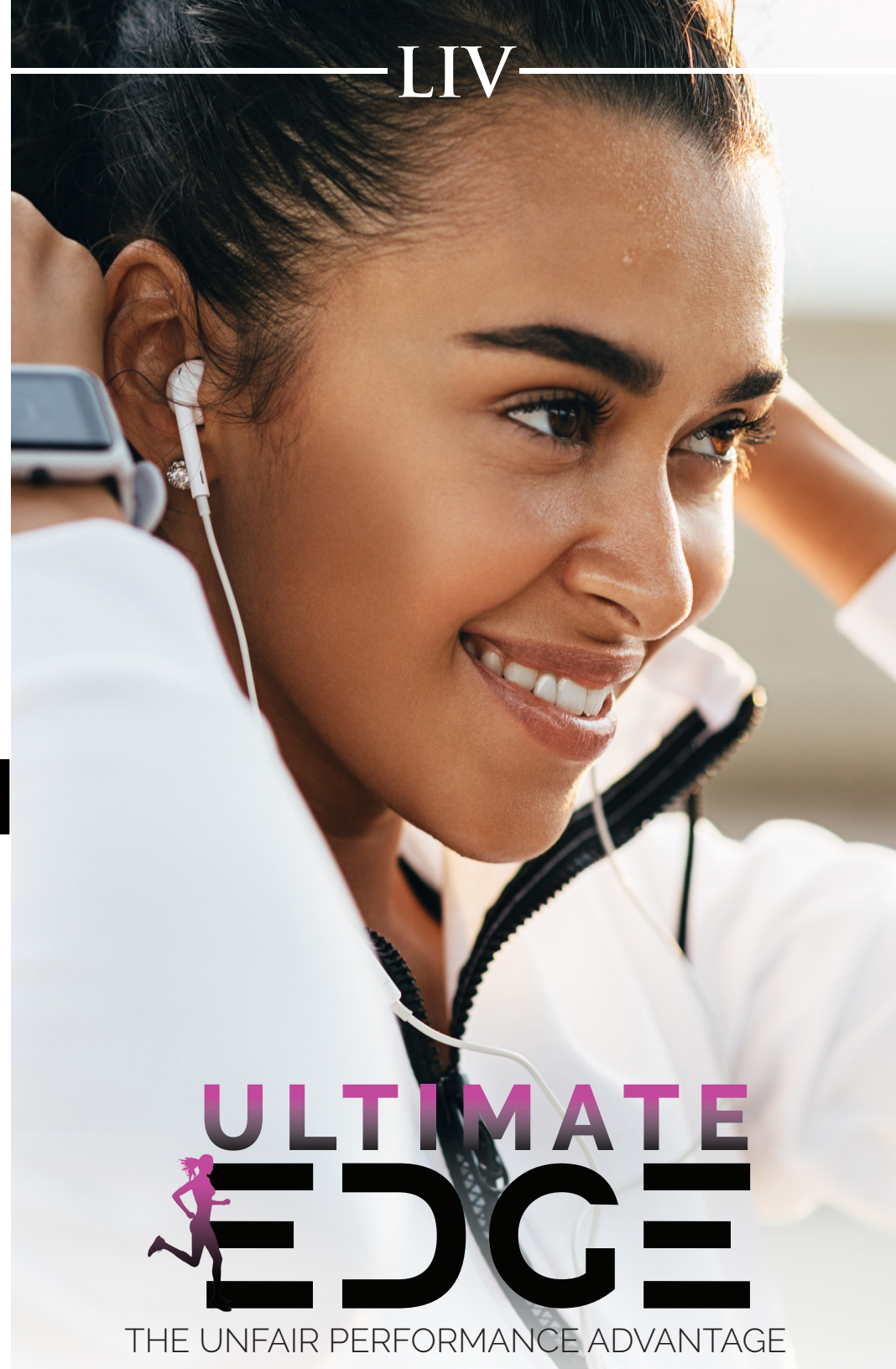


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# ULTIMATE EDGE

THE UNFAIR PERFORMANCE ADVANTAGE





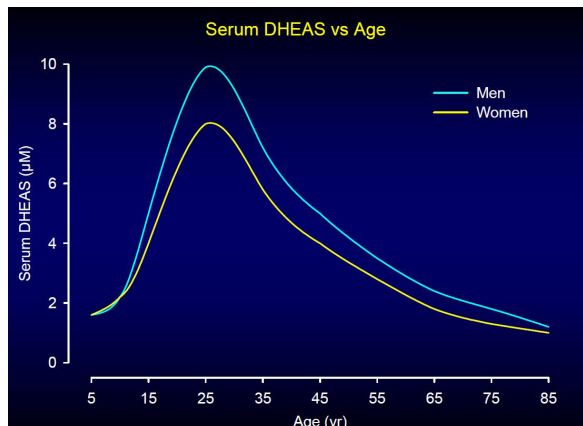
## Key Ingredients in Ultimate Edge Women's Formula

**Pregnenolone** is the parent of vital hormones and its production decreases as we age. By age 60 our body typically only produces about 30% of our youthful levels. It functions as a precursor for the cascade of events from which all other sex hormones, such as progesterone, estrogen and DHEA, are made.

- Supports body's pool of available material for hormone production
- Promotes mental focus
- Helps reduce mental fatigue
- Supports healthy brain function

**DHEA** is the most abundant steroid hormone in the human body. About 90% of it is produced in the adrenal glands and it is a precursor to testosterone, estrogen and progesterone. DHEA production peaks at around age 20. From then on, your DHEA level decreases with age. By the time you reach 40, your body makes about half as much DHEA as it used to (see graph below). Stress, along with age, plays a significant factor in the decrease of DHEA levels.

- Supports the immune system
- Supports sex drive
- Increases metabolism
- Helps break down of fats and cholesterol



### Ecdysterone

- Assists in increases nitrogen retention and protein at the cellular level.
- Supports an increase lean muscle
- Helps decrease body fat
- Supports healthy blood sugar levels
- Potent antioxidant

**WARNING:** Due the performance enhancing properties of the ingredients in Ultimate Edge, this product is considered to be an unfair performance enhancer. If you anticipate participating in a sport that is governed by WADA rules, Ultimate Edge is considered an unfair advantage and not allowed. See the product label for additional precautions.

\*These statements have not been evaluated by the Food and Drug Administration.

### ADDITIONAL KEY NUTRIENTS FOR A HEALTHY ENDOCRINE SYSTEM

**Longjack Concentrate** is an extract from *Eurycoma longifolia*. It is also known as Tongkat Ali.

- Adaptogenic properties
- Key nutrient traditional used as a anti-aging remedy
- Helps to increase energy and reduces fatigue
- Assists in increased libido
- Helps enhance athletic performance & testosterone levels
- Enhances muscled strength and tone
- Boosts immune system function
- Supports the reduction of body fat

### Black Maca root (*lepidium meyenii*)

- Supports fertility and sexual function
- Helps balance hormones
- Supports the immune system
- Increases energy and stamina
- Supports memory and focus

**Magnesium** is a key to a healthy endocrine system.

- Helps calm the nervous system
- Helps reduce excessive cortisol
- Essential for the production of thyroid hormone
- Helps as a sleep promoter. (Sleep is crucial for hormone production since hormones like DHEA and growth hormone tend to peak while we are asleep.)

**Zinc** plays a vital role in protein synthesis.

- Important regulator of the immune system
- Helps in enzyme and hormone function.
- Assists with circulating testosterone concentrations.

**Vitex**, (chasteberry), is one of the most popular natural remedies for PMS and hormonal balance.

- Helps to lower menopausal symptoms
- Helps to clear up acne
- Supports reductions in PMS symptoms such as cramps, breast tenderness, depression, insomnia and irritability.

**Pueraria mirifica** has been traditionally used as a vitality enhancer and rejuvenating agent particularly for older women.

- Helps to relieve menopausal symptoms

**Wild Yam** (*Dioscorea villosa*) has been traditionally used for its benefits in women's reproductive health, including premenstrual syndrome and menopausal problems.

- Supports reduction or menstraul cramps, relaxing muscles

**Schisandra 2%** is a concentrate of *Schisandra chinensis* a berry with multiple heath properties that has been utilized in Traditional Chinese Medicine (TCM) for thousands of years.

- Helps to lower inflammation
- Supports adrenal function
- Supports the body's stress response and mental performance.
- Aids in healthy sexual performance

NON-GMO and GLUTEN FREE. No antibiotics, no preservatives, no artificial ingredients or flavors. Manufactured in the USA in a GMP compliant facility.

