

THE UNFAIR PERFORMANCE ADVANTAGE



INCREASED
ENERGY



ULTIMATE **EDGE**

Do you want:

- Increased energy and vitality?
- To take your workouts to the next level?
- Your youthful libido back?
- To enjoy more impressive results?

Then you need:

- Ultimate Edge
- The Unfair Performance Advantage

Enough said.



LEAN
BODY

Get it now in both the
Men's and Women's
Formula.



YOUTHFUL
LIBIDO



DO YOU NEED THE ULTIMATE EDGE?

Causes of hormone imbalance (low Pregnenolone/DHEA)

- Aging
- Menopause/Andropause
- Stress
- Lack of exercise
- Excessive alcohol consumption
- Birth control pills
- Hypothyroidism
- Obesity

Benefits of Ultimate Edge*:

- Increases energy and improves adrenal fatigue
- Supports a healthy sex drive
- Assists in the conversion of fat to lean muscle
- Helps maintain normal blood sugar levels
- Supports a healthy immune system
- Helps lower LDL cholesterol levels
- Supports a healthy cardiovascular system
- Improve your overall health

These benefits can be experienced by both men and women, since women derive 75% of their estrogen from the DHEA hormone, and men derive 50% of their testosterone from it!

Key Ingredients in Ultimate Edge

Pregnenolone is the parent of all hormones and its production decreases as we age. By age 60 our body only produces about 30% of our youthful levels. It functions as a precursor for the cascade of events from which all other sex hormones, such as progesterone, estrogen and DHEA, are made. Pregnenolone has been shown to support the body's pool of available material for hormone production, promote mental focus and help reduce mental fatigue in highly motivated people under stress. It also supports healthy brain function.

DHEA is the most abundant steroid hormone in the human body. About 90% of it is produced in the adrenal glands and it is a precursor to testosterone, estrogen and progesterone. DHEA production peaks at around age 20. From then on, your DHEA level decreases with age. By the time you reach 40, your body makes about half as much DHEA as it used to. DHEA has beneficial effects on immune response, sex drive, metabolism and emotional stability. This hormone also helps your body break down fats and cholesterol. These benefits can be experienced by both men and women, since women derive 75% of their estrogen from the DHEA hormone, and men derive 50% of their testosterone from it! Managing stress can significantly help balance the levels of various hormones. The rise of cortisol, which is the "stress hormone" negatively impacts DHEA levels while increasing DHEA consumption, so if stress is a factor in your life, your DHEA levels may be compromised.

Ecdysterone is found in the plant *Rhaponticum carthamoides*. Ecdysterone works by increasing nitrogen retention and increasing protein at the cellular level. Studies show that persons taking it will typically increase lean muscle tissue and decrease body fat. Ecdysterone also supports healthy blood sugar levels and is a potent antioxidant. An article published in *Biology of Sport* stated: The anabolic potency of the ecdysterone was comparable or even higher as found for the anabolic androgenic steroids, SARMs or IGF-1. With respect to doping prevention the high anabolic potency of ecdysterone justifies its classification as an anabolic agent and therefore needs to be listed in the category "S1 Anabolic Agents" of the list of prohibited substances of the World Anti-Doping Agency.

WARNING: Due to the performance enhancing properties of the ingredients in Ultimate Edge, this product is considered to be an unfair performance enhancer. If you anticipate participating in a sport that is governed by WADA rules, Ultimate Edge is considered an unfair advantage and not allowed. See the product label for additional precautions.

ADDITIONAL KEY NUTRIENTS FOR A HEALTHY ENDOCRINE SYSTEM

Longjack Concentrate is an extract from *Eurycoma longifolia*. It is also known as Tongkat Ali. Longjack has been traditionally used as a tonic, adaptogen, and "anti-aging" remedy. It has been used to cope with reduced mood, libido and energy that often comes with age. Longjack has been shown to help enhance athletic performance, and healthy testosterone levels. It also enhances muscle strength and tone while boosting immune system function. Furthermore, longjack helps support the reduction of body fat and reduce fatigue.

Black Maca root (*lepidium meyenii*) is the most potent variety of maca. It is an adaptogen and a member of the cruciferous family, like broccoli and cabbage. Maca is grown high in the mountains of Peru. Maca root has been used traditionally to increase fertility in both men and women, balances hormones, support the immune system, increase energy, stamina, improve sexual function, memory, and focus. A unique fact about maca root is that historically it has been considered a very potent aphrodisiac and a traditional fertility secret of populations living in the Andes.

Magnesium is a key to a healthy endocrine system. Magnesium calms the nervous system and helps prevent excessive cortisol. Magnesium is also essential for the production of thyroid hormone also helps as a sleep promoter. Sleep is crucial for hormone production since hormones like DHEA and growth hormone tend to peak while we are asleep. Magnesium is also essential in the production of hormones such as progesterone, estrogen and testosterone.

Zinc plays a vital role in protein synthesis and also helps in regulating the immune system. Zinc also plays a significant role in enzyme and hormone function. Serum zinc levels are positively associated with testosterone. In human studies on zinc deficiency, supplementation of zinc has been shown to assist with circulating testosterone concentrations.

INGREDIENTS FOUND ONLY IN THE MEN'S FORMULA

Tribulus Terrestris Extract - is plant used in Ayurvedic medicine where the root and fruits are used for male virility and general vitality. Tribulus concentrate has been used as a natural libido booster. It has been used traditionally to support increased physical strength and virility. It is an antioxidant that enhances and balances immune & nervous systems. Tribulus has been shown to help increase muscle mass, supports weight loss and is currently used by many elite athletes.

Epimedium also known as Horny Goat Weed has been traditionally used as a sexual enhancer shown to improve sexual function in men and promotes nitric oxide levels in the bloodstream. One of the principal active ingredients in epimedium is "icariin". Icarin works by relaxing smooth muscle tissue and is a potent PDE5 inhibitor. PDE5 inhibition is the mechanism by which sildenafil (Viagra) works. Epimedium traditionally has been used as an aphrodisiac, to promote sexual health, energy and overall wellbeing.

INGREDIENTS FOUND ONLY IN THE WOMEN'S FORMULA

Vitex, (chasteberry), is one of the most popular natural remedies for PMS and hormonal balance. It has been shown to lower menopausal symptoms, help clear up acne, remedy amenorrhea. It has been used to support reductions in PMS symptoms, with about half of users experiencing a halving of menopausal symptoms with prolonged use (3+ cycles), those symptoms including cramps, breast tenderness, depression, insomnia and irritability.

Pueraria mirifica has been traditionally used as a vitality enhancer and rejuvenating agent particularly for older women. It is a great source of phytoestrogens known as chromenes that rival estrogen in potency. Clinical studies have shown *Pueraria mirifica* to have positive effects on menopausal symptoms, with one study suggesting comparable efficacy to estrogen replacement therapy itself.

Wild Yam (*Dioscorea villosa*) has been traditionally used for its benefits in women's reproductive health, including premenstrual syndrome and menopausal problems. It contains diosgenin which has been classified as an antispasmodic, for menstrual cramps, relaxing muscles, and abdominal and intestinal cramping. Wild yam does have some estrogen-like activity, but it is not actually converted into estrogen in the body.

Schisandra 2% is a concentrate of *Schisandra chinensis* a berry with multiple health properties that has been utilized in Traditional Chinese Medicine (TCM) for thousands of years. Its benefits include lowering inflammation; supporting adrenal function, which helps us deal with stress, mental performance; and helping with healthy sexual function.

Made with vegetarian capsules. NON-GMO and GLUTEN FREE. No antibiotics, no preservatives, no artificial ingredients or flavors. Manufactured in the USA in a GMP compliant facility.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

